

BOOK *of* MORMON

Reading Challenge

QUEEN CREEK
CHANDLER HEIGHTS
STAKE



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Moroni's Quest Reading Challenge

Queen Creek Chandler Heights Stake 2016-2017

Date	Scripture	Discussion Questions
WEEK 1		
22-Aug	Introduction...	Begin by reading the Intro, Testimony of Witnesses, Testimony of Joseph Smith Record your current testimony of the Book of Mormon. What do you hope to gain this time you read?
23-Aug	1 Nephi 1:1-16	In verse 6, "Lehi went forth and prayed unto The Lord...with all his heart. When have you prayed to the Lord with all your heart for yourself, a friend, or part of a group? What did you learn?
24-Aug	1 Nephi 1:17-2:16	Nephi tells us that the theme of his record is to show the Lord's tender mercies over all those whom He has chosen. What examples of the Lord's tender mercies do you see in your own life?
25-Aug	1 Nephi 2:17-3:27	Nephi reacted very differently to the Lord's command than Laman and Lemuel did. How do you, personally, respond to the commandments of the Lord? Why?
26-Aug	1 Nephi 3:28-4:18	- In 3:31, Laman and Lemuel reveal their lack of faith. Nephi expresses his great faith in 4:1. Why do you think Nephi has so much faith and Laman and Lemuel have so little?
27-Aug	1 Nephi 4:19-5:9	Compare Sariah's concern in verse 2 with her testimony in verse 8. How did her discouragement turn into a stronger commitment to follow the prophet and the Lord? How have you or someone you know gained a stronger testimony of the living prophets?
28-Aug	1 Nephi 5:10-7:5	Nephi said that the plates of brass were "of great worth." He discovered their worth after having searched them. How can studying the scriptures help you appreciate them more?
WEEK 2		
29-Aug	1 Nephi 7:6 – 8:17	How can I relate with Nephi's feelings in my life?
30-Aug	1 Nephi 8:18 – 9:6	What can I do to "continuously hold fast" to the word of God?"
31-Aug	1 Nephi 10: 1-22	The visions and inspired words of his father motivated Nephi to seek his own testimony of Jesus Christ. How have family members and friends helped you desire to seek a stronger testimony of the Lord? Who are they?
1-Sep	1 Nephi 11:1-25	How does knowing that God loves you provide direction in your life?
2-Sep	1 Nephi 11:26 – 12:12	How does knowing about the Savior's sacrifice and love influence the way I feel about Him?
3-Sep	1 Nephi 12:13 – 13:19	Why do you think it's important to know that Satan organizes his forces to lead us away from God and his laws?
4-Sep	1 Nephi 13:20 – 37	Who in your family history helped bring forth Zion in this day? How are you furthering that cause? How are their stories faith strengthening?
WEEK 3		
5-Sep	1 Nephi 13:38 – 14:16	Missionaries are sharing the gospel in every land. What can you do to be part of this "great and marvelous work"?
6-Sep	1 Nephi 14:17 - 15:11	What did you learn about how to receive answers from the Lord? Do you believe the Lord answers your prayers?
7-Sep	1 Nephi 15:12 - 15:32	What do you think it means when it says, "whoso would harken unto the word of God, and would hold fast unto it, they would never perish; neither could the temptations and the fiery darts of the adversary overpower them"?
8-Sep	1 Nephi 15:33 - 16:17	Why do we sometimes get angry when we are doing something wrong and we are corrected?
9-Sep	1 Nephi 16:18 – 16:39	The Liahona worked according to faith, diligence and heed. How has faith in Jesus Christ and diligence in keeping the commandments helped guide your life?
10-Sep	1 Nephi 17:1 - 17:22	Nephi responded with "whither shall I go" when he was commanded of God to do a difficult task. How does his response effect you when you are faced with a challenge?
11-Sep	1 Nephi 17:23 - 17:55	Why do you think Laman and Lemuel were swift to do iniquity and slow to remember the Lord even though they had seen an angel?
WEEK 4		
12-Sep	1 Nephi 18:1 - 18:25	Even though Nephi and his brothers were not ship builder, with God's help they were able to build a ship. What are some difficult things that God might ask you to do?
13-Sep	1 Nephi 19:1 - 19:24	As you read verse 9, what feelings do you have for the Savior?
14-Sep	1 Nephi 20:1 - 20:22	How does it make you feel to know you live in a day when prophets are on the earth and receive the word of God?

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15-Sep	1 Nephi 21:1 – 26	Have you ever felt like no one cared? What comfort do you feel knowing you are engraven, or written, on the palms of the Lords hands?
16-Sep	1 Nephi 22:1 – 12	Why do you think the gathering of Israel is so important? Have you seen the gathering happen in our day?
17-Sep	1 Nephi 22: 13-31	How does the Lord care for you as a shepherd cares for his sheep?
18-Sep	2 Nephi 1:1 - 1:20	How has your parents or leaders testimony helped you?

WEEK 5

19-Sep	2 Nephi 1:21 – 2:10	What words show you that Limhi loved his children? Why is it a blessing to have parents to teach us to be righteous? Can you remember a time when your parents reminded you about the importance of following God?
20-Sep	2 Nephi 2:11-2:30	God has given us the power to act and make choices. People can do good or evil. Why do you think God gave us this ability?
21-Sep	2 Nephi 3:1-15	“Do you have a testimony of Joseph Smith as a prophet of the Lord? How has his work blessed your life? How has knowing about Joseph Smith brought you closer to the Savior?”
22-Sep	2 Nephi 3:16-4:14	Nephi was a good example to his younger brother, Joseph. Who is a good example in your family to follow? What are you doing to be a good example to others?
23-Sep	2 Nephi 4:15-35	Why do you think Nephi wanted his children to know the scriptures? Why do you want to know the scriptures?
24-Sep	2 Nephi 5:1-25	Why do you think Nephi brought the brass plates and Liahona with him? What does that teach you about how he felt about the Lord?
25-Sep	2 Nephi 5:26–6:13	The Book of Mormon makes it clear that those who keep the commandments are happy. How do you feel when you do what Heavenly Father wants you to do?

WEEK 6

26-Sep	2 Nephi 6:14–7:8	The Lord has the power to help us through any trial. Sometimes we turn our backs on Him through sin and neglect. What does it mean to you to know that the Lord loves you even though you may sometimes forget Him?
27-Sep	2 Nephi 8:9-9:4	Some people are afraid to choose the right because of what others might think. How will your choices be different if you try to please the Lord rather than others?
28-Sep	2 Nephi 9:4-9:20	What are some of your life experiences that come to mind when you read, “...and the righteous shall have a perfect knowledge of their enjoyment and their righteousness...”
29-Sep	2 Nephi 9:21-9:44	President Gordon B Hinckley has stated, “Each of us, with discipline and effort, has the capacity to control his thoughts and his actions...” When is a time you overcame a bad habit or pattern of thoughts? What did you replace it with so it wouldn’t return?
30-Sep	2 Nephi 9:45-10:9	Jacob uses the words of Isaiah to urge us not to waste our efforts on fleeting pleasures but to come to Jesus Christ to obtain eternal happiness. How do you spend your time and money? How could your time and money be better spent?
1-Oct	2 Nephi 10:10-10:25	The Lord led Limhi’s family to the Promised Land. (vs 10-11) People where Joseph Smith lived enjoyed freedom of religion. How has the Lord directed your life? Why do you think we should remember these blessings?
2-Oct	2 Nephi 11:1-12:11	Jesis Christ is also known as the "Prince of Peace." When people come to know and love Him, they also come to love their fellow human beings. They willingly turn their weapons of war into tools of peace. When is a time you witnessed somebody or yourself justified in their anger instead answer a call with peaceful solutions?

WEEK 7

3-Oct	2 Nephi 12:12 - 13:12	Why do you think a person that has always put worldly possessions before God would want to hide those things in mole holes or bat caves when Jesus Christ comes again?
4-Oct	2 Nephi 13:13 - 15:7	President Joseph Fielding Smith applied these verses to our day and warned about increasing immodesty: “It is, in my judgment, a sad reflection on the ‘daughters of Zion’ when they dress immodestly. Moreover this remark pertains to the men as well as the women. The Lord gave commandments to ancient Israel that both men and women should cover their bodies and observe the law of chastity at all times.” What does modesty mean to you?

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5-Oct	2 Nephi 15:8 - 15:30	These verses testify that all mankind, especially the proud and the wicked, will be humbled by the righteous judgment of Jesus Christ. How can you prepare for the time when you will be brought before the most holy and righteous person who ever walked the earth?
6-Oct	2 Nephi 16:1-17:9	When Isaiah received the call to serve his mission, he responded by using the words, "Here am I, send me". What other person responded to his call in the same manner as Isaiah?
7-Oct	2 Nephi 17:10-18:7	Isaiah prophesies about the coming of the Savior Jesus Christ. What other prophets have testified of the coming of the Savior?
8-Oct	2 Nephi 18:8-19:7	Most people realize today that is foolish to believe in fortune tellers of any sort, but many still trust other things more than God. Why are God and His revelations (the "law" and the "testimony") better sources of wisdom, guidance, and protection than the wisest men, the largest fortunes, or the strongest armies?
9-Oct	2 Nephi 19:8-20:6	Why do you think Jesus Christ has each of these titles? (19:6) What does each title teach you about the Savior?

WEEK 8

10-Oct	2 Nephi 20:7 - 20:27	The chapter heading states that the destruction of Assyria is a "type" of the destruction of the wicked at the Second Coming. How do verses 13-15 perfectly describe our day?
11-Oct	2 Nephi 20:28-21:16	An ensign is a flag or banner mounted on a pole to be seen from great distances. It served in ancient times as a rallying point for soldiers in battle. Thus, an ensign is any object, person, or idea toward which people gather. What is an example of an ensign in our day?
12-Oct	2 Nephi 22:1-23:13	Why do you think the Millennium will be a time of peace and rejoicing? What can you do now to prepare to live with the Savior?
13-Oct	2 Nephi 23:14 - 24:11	Notice that in this day of destruction that the Lord Promises to "be merciful unto His people." What can you do to always be one of His people?
14-Oct	2 Nephi 24:12 - 24:32	In the midst of destruction of nations, the Lord will take care of His faithful poor and needy in Zion. Zion is where the Lord's people dwell with "one heart and one mind" having "no poor among them." How can you help create Zion where you are?
15-Oct	2 Nephi 25:1 - 25:23	The name of Jesus Christ is very special. This name is used when we are baptized, when miracles are performed, and when blessings are given. Why do you think we have been commanded not to use His name as a swear word or without thinking carefully about it?
16-Oct	2 Nephi 25:24-26:13	It is only as we learn of, speak about, obey, and have faith in Jesus Christ that we can become like Him and be forgiven of our sins. What do you love most about Jesus Christ?

WEEK 9

17-Oct	2 Nephi 26:14-33	How do you recognize the subtle flaxen cords around your neck before they become too strong to break?
18-Oct	2 Nephi 27:1-22	How can you obtain a witness of the Book of Mormon?
19-Oct	2 Nephi 27:23 – 28:6	How does the Book of Mormon help the spiritually deaf and blind to see and hear the truth again?
20-Oct	2 Nephi 28:7-32	What are you doing to stay close to the Lord?
21-Oct	2 Nephi 29:1 – 30:8	How can we make sure that our works are righteous?
22-Oct	2 Nephi 30:9 – 31:8	The Lord speaks to us in plainness. Why should that be a comfort to us?
23-Oct	2 Nephi 31:9 – 32:6	How can you recognize when the Holy Spirit is teaching

WEEK 10

24-Oct	2 Nephi 32:7 – 33:15	Why would the "evil spirit" want you to stop praying?
25-Oct	Jacob 1:1-19	What does it mean to grow hard in your hearts?
26-Oct	Jacob 2:1-22	Why is it important to know that all of our blessings come from our Heavenly Father?
27-Oct	Jacob 2:23 – 3:10	What does it mean to be "pure in heart"?
28-Oct	Jacob 3:11 – 5:5	What does it mean to be a stiff-necked people?
29-Oct	Jacob 5:6-28	Branches are dependent on the nourishment from the roots and trunk of the tree. What are some types of spiritual nourishment we can depend on?
30-Oct	Jacob 5:29-69	Why is it not good for a tree to have the branches grow faster than the strength of the roots?

WEEK 11

31-Oct	Jacob 5:70 – 6:13	What have you learned in Jacob 5 that helps you better understand His love for you and all of His children?
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1-Nov	Jacob 7:1-27	How can the Holy Ghost help you when you are confronted by those who teach false doctrine?
2-Nov	Enos 1:1-27	How has your faith in Jesus Christ helped you in receiving answers to your prayers?
3-Nov	Jarom 1:1-15	How has following the prophets blessed your life?
4-Nov	Omni 1:1-15	Why is it important to keep records of your family? Why should we keep a journal?
5-Nov	Omni 1:16-30	What could you do to "offer" your soul to Jesus Christ?
6-Nov	Words of Mormon 1:1-18	What does the phrase "in the strength of the Lord" mean to you? What has the Lord given you strength to do?

WEEK 12

7-Nov	Mosiah 1:1-18	How have the scriptures helped you come to know Heavenly Father better?
8-Nov	Mosiah 2:1-26	How has service blessed your life? How has someone served you?
9-Nov	Mosiah 2:27 – 3:15	What could you do to improve your personal righteousness so you can pray with greater faith?
10-Nov	Mosiah 3:16 – 4:15	What are some things you can do so you can put "off the natural man"?
11-Nov	Mosiah 4:16 – 5:10	What covenants have you made with God? How can you better keep those covenants?
12-Nov	Mosiah 5:11 – 7:6	What Christ like attributes did King Benjamin possess? What can you do to develop one of those attributes?
13-Nov	Mosiah 7:7-33	How does turning to the Lord help you with your problems?

WEEK 13

14-Nov	Mosiah 8:1-21	In what ways can we interpret the word of God?
15-Nov	Mosiah 9:1-19	What were the people of Zeniff prepared with spiritually and physically?
16-Nov	Mosiah 10:1-22	Why did the Lamanites believe they were driven out of the land of Jerusalem?
17-Nov	Mosiah 11:1-29	How much did King Noah tax his own people and why?
18-Nov	Mosiah 12:1-32	Why did King Noah bring Abinadi in front of his council?
19-Nov	Mosiah 12:33 – 13:24	Why did the people of King Noah not touch or bother Abinadi?
20-Nov	Mosiah 13:25 – 14:12	What are some things we learn about the Savior from the prophesy given?

WEEK 14

21-Nov	Mosiah 15:1-20	What are the demands of justice that Abinadi is speaking about?
22-Nov	Mosiah 15:21 – 16:12	What will happen to us if we reject Christ and His atonement?
23-Nov	Mosiah 16:13 – 17:20	What did Abinadi exhort Noah and the priests to do?
24-Nov	Mosiah 18:1-23	What did Alma teach at "the place of Mormon"?
25-Nov	Mosiah 18:24 – 19:17	Who was Noah most concerned about when he saw the Lamanites coming?
26-Nov	Mosiah 19:18 – 20:10	Why did the Lamanites seek to destroy Limhi's people?
27-Nov	Mosiah 20:11 – 21:12	What did the Lamanites do to the Nephites rather than break their king's oath that they would not kill them?

WEEK 15

28-Nov	Mosiah 21:13-32	The scriptures teach that it is better to choose to be humble, rather than to be forced to be humble. Can you think of an example of when you chose to be humble and when you might have been compelled to be humbled? What was the difference?
29-Nov	Mosiah 21:33 – 22:16	The people of Limhi wanted to be baptized to show their willingness to serve the Lord. How does baptism show that a person is willing to serve the Lord?
30-Nov	Mosiah 23:1-18	Alma and his people suffered because of King Noah and his wicked priests. Why is it important to follow teachers who keep the Lord's commandments?
1-Dec	Mosiah 23:19-39	Have you noticed how often the wicked break their promises? Who can you trust to always keep promises?
2-Dec	Mosiah 24:1-19	Jesus taught that when we are sad or worried and carry heavy burdens, we should "come unto" Him. He promised that He would lighten our burdens and give us rest. When have you felt the Lord lifting worries and cares from your life?

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3-Dec	Mosiah 24:20 – 25:14	After the Nephites are freed from the Lamanites, the first thing they do is pray and give thanks to God. Do you remember to thank Heavenly Father when you are blessed? What are some blessings you are thankful for?
4-Dec	Mosiah 25:15 – 26:13	Why must you first believe the word of God before you can understand it? The Apostle Paul explains that the things of God can only be understood by the Spirit of God (1 Cor 2:11) What can you do to invite the Spirit into your life?

WEEK 16

5-Dec	Mosiah 26:14-39	Why do you think the Lord requires us to forgive others? How are repenting and forgiving others connected?
6-Dec	Mosiah 27:1-17	Arguing and fighting give Satan, the "Enemy of God," a chance to gain power over us. What can you do to help stop contention in your home?
7-Dec	Mosiah 27:18-37	President Ezra Taft Benson said: "When we have undergone this mighty change, which is brought about only through faith in Jesus Christ and through the operation of the Spirit upon us, it is as though we have become a new person. Thus, the change is likened to a new birth.... You have forsaken the lives of sin, sometimes deep and offensive sin, and through applying the blood of Christ in your lives, have become clean. You have no more disposition to return to your old ways. You are in reality a new person. This is what is meant by a change of heart." Have you experienced this? Have you seen someone else experience this?
8-Dec	Mosiah 28:1-29:9	The Lord promised Mosiah that his sons would be safe and would also receive eternal life for their efforts. What blessings come to missionaries today?
9-Dec	Mosiah 29:10-36	Just as one person can cause much iniquity or sin, one person can also bring about much righteousness. How could you help the people you know and love to be good?
10-Dec	Mosiah 29:37-47	Do you know anyone today that can be described as Alma is described in these verses? How would you like these comments made about your life?
11-Dec	Alma 1:1-22	What we believe affects the way we behave. Nehor teaches that all men will be saved at the last day no matter what they have done. If a person really believed this, how do you think he would behave?

WEEK 17

12-Dec	Alma 1:23 - 2:23	Humble church members were persecuted by non-believers causing contention among the members of the church themselves. Their hearts became hardened and many left the church. How would you feel if someone you loved turned away from the teachings of the Gospel and the church? How could you help them to come back?
13-Dec	Alma 2:24 - 3:19	The Amlicites unknowingly fulfilled prophesy by marking themselves on their foreheads and brought condemnation upon themselves as they came out in open rebellion against God. How can we be free from condemnation and follow the teachings of the Lord?
14-Dec	Alma 3:20 - 4:20	The Nephites decided to do good because they knew that they were being punished for the wicked things they had done. Is that the only reason to be good? Why do you choose to do good?
15-Dec	Alma 5:1 - 5:32	Alma teaches what is needed to receive eternal life. He teaches us to reflect on areas of our lives that we can improve. Have ye spiritually been born of God? Have ye received His image in your countenance? Have you experienced a mighty change in your heart?
16-Dec	Alma 5:33 - 5:62	There is value in having more than one witness to the truth. As your testimony grows you can come to testify of its truthfulness as Alma has. When are the best times to share your testimony?
17-Dec	Alma 6:1 - 7:21	Alma counsels the people not to set their hearts upon the riches and things of the world. How can you avoid setting your heart upon the things of the world?
18-Dec	Alma 7:22 - 8:27	Alma, like Enos wrestled or struggled to receive answers to his prayers. What do you think it means to "wrestle" with God in mighty prayer? How would you describe your prayers? How has fasting in combination with prayer been a help to you?

WEEK 18

19-Dec	Alma 8:28 - 9:25	The Lord said that we offend God when we confess not his hand in all things and obey not his commandments. (D&C 9:21) How could remembering Heavenly Fathers blessings and thanking him each day have helped the people of Ammonihah to be more righteous? What are the blessings for which you are grateful?
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20-Dec	Alma 9:26 - 10:32	The angel told Amulek that helping Alma would bring blessings to him and his family. In what ways does the Lord bless you when you help others?
21-Dec	Alma 11:1 - 11:41	Amulek was not afraid to speak because he knew what he was saying was true and he had the help of the spirit of the Lord. What can you learn from this story that can help you in your life?
22-Dec	Alma 11:42 - 12:18	To say a person "brings forth fruit meet for repentance," means he does what he has to do to repent of his sins. What must a person do to repent and be forgiven of his sins?
23-Dec	Alma 12:19 - 13:13	God gave commandments to His children, "after having made known to them the plan of redemption." How does learning and understanding Heavenly Father's plan help you keep the commandments?
24-Dec	Alma 13:14 - 14:8	Notice the process that Alma gives his people for overcoming temptation: (1) Be humble, (2) watch and pray continually for strength, and (3) follow the whisperings of the Holy Spirit. Following Alma's process will help you become humble, meek (teachable), submissive (willing to obey), patient, full of love, and all long-suffering (enduring trials faithfully). In which parts of this process could you improve to better resist temptation?
25-Dec	Alma 14:9 - 15:12	Alma testifies, "the Lord receiveth... unto himself in glory" these righteous Saints who suffer a horrible death for their testimonies. In what ways does it help you to know that the Lord, comforts, and blesses the righteous and faithful who suffer in this life?

WEEK 19

26-Dec	Alma 15:13 – 16:21	Amulek gave up his wealth, friends, and family to accept the gospel. What would you be willing to give up on to follow the Savior's teachings?
27-Dec	Alma 17:1-25	Alma had not seen his friends for fourteen years while they served faithful missions. Besides seeing them again, what "added more to his joy"? Whom do you know who is serving or has served as a missionary? How excited were you or will you be when they return?
28-Dec	Alma 17:26 – 18:11	Lamoni has never seen a more faithful servant than Ammon. In Alma 17:11, God told Ammon and his brothers and friends to "show forth good examples" before the Lamanites. How did Ammon's faithful service prepare the king to be taught? What can you do to set a good example for others?
29-Dec	Alma 18:12-43	After Ammon protects the King's flocks, he then teaches the King the gospel of Jesus Christ. What have been some "unique" situations when you shared your testimony at a time you may not have thought you would?
30-Dec	Alma 19:1-36	Lamoni, the queen, and Ammon were "overpowered by the Spirit" and "overpowered with joy." When have you felt the influence of the Spirit in a powerful way? When have you felt great joy?
31-Dec	Alma 20:1-30	"Anger is not an expression of strength. It is an indication of one's inability to control his thoughts, words, his emotions....When the weakness of anger takes over, the strength of reason leaves." Gordon B Hinckley Have you experienced this type of anger? What are your tricks for not getting too angry?
1-Jan	Alma 21:1-23	Not everyone who hears the gospel message believes it. Why do you think many people today don't accept the message of Christ? Ammon continues to teach the gospel to these new converts after their baptism. Why is it so important to teach and support new converts in the church?

WEEK 20

2-Jan	Alma 22:1 - 26	In this chapter, Aaron and his brethren follow the guidance of the Spirit and have great success. Can you think of times in your life when you were blessed because you listened to the promptings of the Holy Ghost?
3-Jan	Alma 22:27 – 24:4	When these Lamanites learned the truth and were converted, they put away "the weapons of their rebellion." What weapons of rebellion do people use today to fight against God? What could you do to become "more converted unto the Lord"?
4-Jan	Alma 24:5-30	The Ant-Nephi-Lehies buried their weapons. What could you "bury" or get rid of in your life that would help you to remain "firm" in the faith?
5-Jan	Alma 25:1-26:13	Hymn 241 teaches us, "Count your many blessings, name them one by one..." What blessings has the Lord given you? How does thinking about those blessings make you feel?
6-Jan	Alma 26:14 – 27:12	Sometimes, preaching the gospel can be difficult. Ammon and his brethren were about to quit, but the Lord blessed and strengthened them. When has it been difficult for you follow the gospel? What helps you to remain faithful?

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7-Jan	Alma 27:13 – 28:14	Are you afraid to die? Why were the people of Ammon not afraid of death? What does this teach us about their faith in Christ?
8-Jan	Alma 29:1 – 30:6	One of the rewards the Lord has promised faithful missionaries is the great joy they will have in heaven with those they have helped to save. What will you do today to be an instrument in the hands of God?
WEEK 21		
9-Jan	Alma 30:6-42	Korihor said that there was no sin, and every person should use his or her intelligence and strength to get ahead of other people. What would the world be like if everybody did what Korihor said? What do church leaders say we should do for other people with our talents?
10-Jan	Alma 30:43-31:7	Alma says that all things prove that God lives. What are some things you have seen or heard that help you know that God lives and that Jesus is our Savior?
11-Jan	Alma 31:8 – 32:6	Dissenters are people who believed the truth at one time but became wicked and fight against the Church. Why do you think people fall away from the Church? What could they do that would keep their faith strong?
12-Jan	Alma 32:7-43	Alma teaches that when you have faith you hope for things you cannot see which are true. What are some things that you know to be true, even though you have never seen them?
13-Jan	Alma 33:1 – 34:7	Why is church attendance an important part of our worship? What are some ways we can worship God in addition to attending our weekly church meetings?
14-Jan	Alma 34:8-36	Amulek taught the people where to pray, when to pray, and what to pray for. Do you have a special place to pray? How often do you pray and what do you pray for? How has the Lord answered your prayers?
15-Jan	Alma 34:37 – 36:5	When Alma saw the people getting more and more wicked, he called his family together and taught them to be righteous. What could you do to help protect your family against wickedness?
WEEK 22		
16-Jan	Alma 36:6 – 37:12	The scriptures can “enlarge the memory: of people, or help them understanding of spiritual matters. What have you learned from the Book of Mormon that has helped you to know God better?
17-Jan	Alma 37:13-47	Why does God want his children to learn to keep the commandments while they are young?
18-Jan	Alma 38:1-39:19	Notice in this verse how Alma could only find inner peace by turning to Jesus Christ. How might turning to Christ bring you peace?
19-Jan	Alma 40:1-26	Paradise is a place in the spirit world where those who have been righteous go to rest and find peace from their sorrows and troubles. How does knowing this make it easier to be comforted when a loved one dies?
20-Jan	Alma 41:1 – 42:16	President Ezra Taft Benson taught, “While a man may take some temporary pleasure in sin, the end result is always unhappiness.” Elder Howard W Hunter explained, “If we think and live righteously, happiness will find its place in our lives.” Why do you think keeping the commandments makes you happier than doing wrong?
21-Jan	Alma 42:17-43:14	Why is it important to have both mercy and justice?
22-Jan	Alma 43:15-43:44	What can Moroni's example teach us about how we can be prepared spiritually against the adversary?
WEEK 23		
23-Jan	Alma 43:45-44:24	Moroni stopped the fighting when he saw that he could destroy the Lamanites. What does that tell you about the kind of man he was and why he went to battle?
24-Jan	Alma 45:1-46:10	Have you ever received a priesthood blessing? How did it help you? How do you think Alma's blessings helped his children?
25-Jan	Alma 46:11-41	Moroni had more courage than Amalakah because he was fighting for truth and righteousness instead of lies and wickedness. Have you ever felt the courage that comes from knowing you are standing up for truth?
26-Jan	Alma 47:1-30	The Lamanites did not want to go to battle against the Nephites, but they also did not want to displease the king. Have you ever been in a situation where you wanted to do the right thing but were afraid you might displease someone? Why is it always better to do the right thing than to worry about what others will think of you?
27-Jan	Alma 47:31-48:25	Nearly one-third of the Book of Mormon is about wars between the Lamanites and Nephites. Why do you think there are so many chapters on war in the Book of Mormon?

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28-Jan	Alma 49:1-30	The Nephites lived in peace and happiness because they listened to and obeyed the teachings of their leaders. What have your leaders taught you recently that could bring you peace and safety?
29-Jan	Alma 50:1-24	Even though the Nephites are not in immediate danger, Moroni causes his armies to prepare for possible war with their enemies. The scriptures teach that if we are prepared we will not fear. What preparation can you make to protect yourself against evil?
WEEK 24		
30-Jan	Alma 50:25 – 51:12	President Gordon B Hinckley taught that a “violent temper is such a terrible, corrosive thing. And the tragedy is that it accomplishes no good; it only feeds evil with resentment and rebellion and pain.” What happened because of Morianton’s temper? What can happen in your life if you do not control your temper?
31-Jan	Alma 51:13 – 52:11	Teancum and Moroni were brave soldiers who fought to protect the freedom of their people. Why is it important to have good examples like these men? Who are some examples like these men in our day?
1-Feb	Alma 52:12-40	In what ways might a family council or a church council be similar to a “council of war”? How can such councils strengthen us in our battles against the adversary?
2-Feb	Alma 53:1-23	Notice how the scriptures describe these young men. How would you be described? How do you want to be described?
3-Feb	Alma 54:1-24	Moroni is a righteous man. He is brave and willing to fight against pride and evil. He seeks to protect and defend his family, religion, and freedom. What can you do to become more like Moroni?
4-Feb	Alma 55:1-35	What do you learn about Moroni’s unwillingness to kill the drunken Lamanite guards, even though he was a soldier?
5-Feb	Alma 56:1-29	Elder Rex D Pinegar noted, “Sometimes hardships come our way or fatigue dims our vision in decision making.” These Nephite soldiers are tired from fighting during the day and working through the night. How does lack of rest affect your spirit?
WEEK 25		
6-Feb	Alma 56: 30 - 57	The young men were taught by their mothers that if they did not doubt, God would deliver them. Who are those knowing mothers in your life?
7-Feb	Alma 57:1-27	The Nephites slept with their swords and kept guards to protect themselves from their enemies. How can you always be ready to defend yourself against the spiritual enemies you face?
8-Feb	Alma 57:28 – 58: 29	Have you ever been disappointed by someone you depended on? Where did you turn for help? How could the Lord be of help to you in those times?
9-Feb	Alma 58:30 – 60:6	Those of deep faith do not murmur. They are generously disposed and they are reluctant to murmur, even when in deep difficulties.” Who do you know like that? How can you be more like that?
10-Feb	Alma 60:7 - 36	What does Moroni seek and “seek not” for? What can you learn from Moroni about what is truly important in this life?
11-Feb	Alma 61:1 – 62:11	Those who go forth “in the strength of the Lord” (vs 18) have the Lord’s Spirit and power to help them, When has the Lord given you strength to do something hard?
12-Feb	Alma 62:12 – 62:38	Why wouldn’t the Lamanites come out to fight on the plains of Nephihah? How does the adversary avoid a direct confrontation today?
WEEK 26		
13-Feb	Alma 62:39 – 63:17	The war was just as long for all involved, yet out of the same experience, some were hardened and some were softened. What made the difference then? What makes the difference today?
14-Feb	Helaman 1:1-27	Notice that the fighting among the Nephites causes them to be unprepared for an attack by the Lamanites. How can we avoid contention in our homes and be better prepared against the evils of the world?
15-Feb	Helaman 1:28 – 3:12	Gadianton, like other wicked leaders in the Book of Mormon, gains his power by deceiving people with his words. How can you guard against being tricked by wicked people with clever words?
16-Feb	Helaman 3:13 – 4:8	What actions did the persecuted people take that contributed to their increase in faith? How can we apply this to our lives?
17-Feb	Helaman 4:9 – 5:20	Whenever the Nephites trusted in their own strength, they were not successful. When they repented and trusted in the Lord, they were successful. What does that teach you about how you can be more successful in overcoming the problems you face in life?

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18-Feb	Helaman 5:21-52	Aminadab told the Lamanites that they needed to repent and cry (pray) unto the voice to remove the cloud of darkness from them. What kinds of darkness can repentance, prayer, and faith remove from your life?
19-Feb	Helaman 6:1-30	What do these verses teach us about our hearts?
WEEK 27		
20-Feb	Helaman 6:31 – 7:19	Nephi felt great sadness because of the wickedness of his people. Have you ever been sad because someone you love has not followed Jesus? What can you do to help them?
21-Feb	Helaman 7:20 – 8:10	A testimony is a knowledge of truth which comes by the power of the Holy Ghost. What principles of the gospel do you know to be true?
22-Feb	Helaman 8:11 – 9:15	All prophets testify of Jesus Christ. Can you remember hearing our prophet today speak about Jesus Christ? Why do you think the prophets spend so much time teaching and testifying about Jesus Christ?
23-Feb	Helaman 9:16 – 9:41	What experiences have strengthened your testimony that we have true prophets on the earth today?
24-Feb	Helaman 10:1 - 11:8	When the Lord commanded Nephi to tell the people to repent, he immediately did as he was commanded. What do you learn from Nephi about obeying the Lord?
25-Feb	Helaman 11:9-38	Lehi is hardly mentioned, though he was as righteous as Nephi. President Howard W Hunter counseled us: "If you feel that much of what you do does not make you very famous, take heart. Most of the best people who ever lived weren't very famous, either. Serve and grow, faithfully and quietly." How are you serving and growing, faithfully and quietly?
26-Feb	Helaman 12:1-19	Why do you think it is so much easier to remember the Lord when we suffer than when everything is going well? What can you do to remember the Lord even when times are good?
WEEK 28		
27-Feb	Helaman 13:15-30	Samuel pointed out that one way to tell if we love our treasures more than God is by observing how much gratitude we give to Him for all that He has blessed us with. Can you think of a time when you were able to recognize blessings amidst your trials?
28-Feb	Helaman 13:31 – 14:19	Why do you think it is impossible to find happiness in sin? How does knowing that help you make better choices in your own life?
1-Mar	Helaman 14:20-15:17	The Lamanites converted by the sons of Mosiah buried their weapons of war because "they feared to sin." Why should we "fear to sin?" What sins can you bury?
2-Mar	Helaman 16:1-25	How did these people explain away the prophecies of Samuel that they were seeing fulfilled? What excuses do people use today to explain away the teachings of the prophets? Why do people do that?
3-Mar	3 Nephi 1:1-21	Even though many great signs and miracles took place among the people, what reason did the wicked give for persecuting the righteous? Why do signs usually fail to convince the wicked to change?
4-Mar	3 Nephi 1:22 -2:13	Why does the passing of time seem to dim our memory of sacred and spiritual experiences like our baptismal day, receiving the gift of the Holy Ghost, or receiving answers to our prayers? What are some ways you can always remember these important events?
5-Mar	3 Nephi 2:14 – 4:4	Notice that there were great miracles and great wickedness happening at about the same time. Is that also true of our day? What do you think you can do to make sure you experience the great miracles, not the great wickedness?
WEEK 29		
6-Mar	3 Nephi 4:1-27	Many times, evil can look like frightening. The Nephites did not give in to fear but instead turned to the Lord in prayer for strength. What can you do when you are frightened?
7-Mar	3 Nephi 4:28 – 5:20	Mormon said he was a disciple, or follower, of Jesus Christ. He was called to preach God's word. What has the Lord asked you to do as a disciple of Jesus Christ?
8-Mar	3 Nephi 5:21 – 6:19	The prophet Mormon explained that only disobedience could stop these people from prospering. How might sin affect the blessings you want most in life?
9-Mar	3 Nephi 6:20 – 7:14	Why do people sometimes get angry when they are told they are doing wrong? How should you respond when parents or church leaders correct you?
10-Mar	3 Nephi 7:15 – 8:4	There are few people in history with faith as great as Nephi's. Observe how his faith blessed his own life as well as the lives of those around him. How can your faith grow to be like the faith of this great prophet?
11-Mar	3 Nephi 8:5-25	These terrible destructions took place at the times Jesus Christ was crucified in Jerusalem. Why do you think Heavenly Father allowed these events to take place at this time? What does that teach you about Heavenly Father's love for His Son?

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12-Mar	3 Nephi 9:1-22	Notice that after the destruction the people wish they had repented. Why do you think some people won't repent until something terrible happens? What are some changes you might want to make in your life before the Savior comes again?
WEEK 30		
13-Mar	3 Nephi 10:1-19	Just as Jesus took the physical darkness from the land, He can take the darkness out of our lives. Even though these people suffered great loss, what happened to their sorrow? Have there been difficult times in your life when Jesus has helped you? Have you, like the Nephites, remembered to praise and thank Him?
14-Mar	3 Nephi 11:1-30	The people went to the Savior "one by one until they had all gone forth." What does this teach you about how the Savior feels about each one of us? What thoughts and feelings would you have had if you had been among the Nephites when the Savior visited them?
15-Mar	3 Nephi 11:31 – 12:12	Those who try to live like the Savior will sometimes be made fun of or even hurt by others. What would Jesus want you to do if this happens to you?
16-Mar	3 Nephi 12:13-48	As we strive to be perfected, why is it so important to focus on our desires, thoughts, and motivations?
17-Mar	3 Nephi 13:1-24	Our treasures are whatever we spend our time, money, and thoughts on. Which of your "treasures" can you take with you to heaven?
18-Mar	3 Nephi 13:25 – 14:20	This is sometimes called the "Golden Rule." What changes have you noticed in others when you are nice to them?
19-Mar	3 Nephi 14:21 – 15:24	Why should we obey the commandments? How have you been blessed when you have kept the commandments with real intent?
WEEK 31		
20-Mar	3 Nephi 16:1 – 17:4	In what ways has the Lord manifested Himself to you and your family?
21-Mar	3 Nephi 17:5 – 18:14	We take the Sacrament to remember Jesus Christ's sacrifice for us. It takes a small amount of time, but the effects of preparing for and participating in this ordinance are eternal. What can we do to "always remember" the Savior?
22-Mar	3 Nephi 18:15-39	The gift of the Holy Ghost allows us to have the Holy Ghost with us if we are worthy. How helpful do you think it would be to have this powerful being, who is actually a God, as your constant companion?
23-Mar	3 Nephi 19:1-26	Perfect prayers are those which are inspired, in which the Spirit reveals the words which should be used. When have you experienced a perfect prayer? How can you experience it more often?
24-Mar	3 Nephi 19:27 – 20:9	Elder George Albert Smith said, "We partake of physical food...to nourish the physical body. It is just as necessary that we partake of the emblems of the body and blood of our risen Lord to increase our spiritual strength." What habits do you have in place to increase your spiritual strength?
25-Mar	3 Nephi 20:10-46	What do you think is the difference between reading the scriptures and searching them?
26-Mar	3 Nephi 21:1-21	the restoration of the gospel is called a marvelous work and a wonder. Why do you think the gospel is so marvelous and wonderful?
WEEK 32		
27-Mar	3 Nephi 21:22 – 22:17	There are six names for the Savior in this verse. What do you learn about the Savior from each of these names?
28-Mar	3 Nephi 23:1 – 24:12	The Lord commanded us to search Isaiah's words diligently. He said they apply to Israel as well as to the Gentiles and that every word Isaiah wrote has or will come to pass. What can you do to better understand Isaiah's writings?
29-Mar	3 Nephi 24:13 – 26:16	Why do you think the Savior taught the children and then loosed their tongues for them to teach their fathers such great and marvelous truths? How would it bring families closer together? How would it help parents see the greatness of their children? How would these children feel about the Lord?
30-Mar	3 Nephi 26: 17 – 27:22	What do you think it means for the church to be "built upon [His] gospel"? Why do you think it is important for the Church to be built upon His gospel rather than on the works of men?
31-Mar	3 Nephi 27:23 – 28:16	Note that the Lord spoke to His disciples "one by one" and asked what they desired of Him. Why do you think He did that? What does this teach you about His concern for each individual?
1-Apr	3 Nephi 28:17-40	Notice how these disciples are protected and delivered by the Lord. Why do you think that they have this protection? How has the Lord protected you in your life?
2-Apr	3 Nephi 29:1 – 30:2	Mormon testified that the coming forth of Book of Mormon is a sign to us that the Lord will fulfill all His promises. What are some of the promises the Lord has made to you? What does it mean to you to know that the Lord never breaks a promise?

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WEEK 33

3-Apr	4 Nephi 1:1-22	Elder Russell M Nelson used this verse to teach that we should “delete from our personal vocabularies names...that separate.” How does labeling people influence our feelings toward them?
4-Apr	4 Nephi 1:23-49	The disciples of Jesus performed wonderful miracles, but the people kept trying to kill them. Why don't miracles convince people if they don't first believe in Jesus Christ?
5-Apr	Mormon 1:1-19	Imagine what this experience meant to the fifteen-year-old Mormon. He lived in a time of great wickedness and yet he was able to live righteously enough to be visited by the Savior! In what ways would you like to be more like Mormon?
6-Apr	Mormon 2:1-29	Mormon was only sixteen years of age when he became the leader of the Nephite armies. This shows that the Lord can use young people to accomplish His work. What can you do to be an example and leader for your family and friends?
7-Apr	Mormon 3:1-22	How difficult was it for Mormon to love his people when he knew they were wicked? What can you learn from Mormon's example about continuing to love others even when they are not keeping the commandments?
8-Apr	Mormon 4:1 – 5:7	What would Mormon want us to learn from these verses?
9-Apr	Mormon 5:8 – 6:15	If the Nephites had given up their sins and repented they could have been “clasped [embraced or hugged] in the arms of Jesus.” What sins would you be willing to give up to receive this blessing?

WEEK 34

10-Apr	Mormon 6:16 – 8:3	The Book of Mormon begins with Nephi obeying his father's commands and ends with Moroni obeying his father's command. Obedience to righteous parents is an important message of the Book of Mormon. How should you treat the righteous instructions of your parents?
11-Apr	Mormon 8:4-26	Moroni remained alone for the last years of his life. Are there times in your life when you have felt alone because you chose to do what is right? How has the Lord blessed you for doing what is right?
12-Apr	Mormon 8:27 – 9:19	Moroni warned of spending more money, time, and attention on ourselves than we do in serving others. Why should you serve others?
13-Apr	Mormon 9:20-37	Why is it so hard not to have doubts? What blessings come to those who do not doubt but have faith?
14-Apr	Ether 1:1-32	Verses 6-32 teach us about Ether's family. Why do you think it is important to know who our ancestors are? How far back can you name your grandparents?
15-Apr	Ether 1:33 – 2:15	Notice the great blessings the Lord gave the brother of Jared and his people because of his faithful prayers in 1:43. Just four years later, in 2:14, we read that the Lord talked with the brother of Jared for three hours and chastened or corrected him. What does this teach us about Heavenly Father's willingness to bless us? Why do you think it is important to remember to pray?
16-Apr	Ether 2:16 – 3:16	The Lord warned the brother of Jared that this journey to the Promised Land would be rough and challenging. The Lord allows us to have trials and struggles to help us grow spiritually. What challenges do you have? What can you learn from this story about preparing for and dealing with those challenges?

WEEK 35

17-Apr	Ether 3:17 – 4:14	The people were not to have this sacred record until they were “clean before the Lord.” Why do you think we must be clean to receive sacred communications from the Lord? How do the commandments like the Word of Wisdom help you to be clean?
18-Apr	Ether 4:15 – 6:12	The Jaredites thanked the Lord “all the day long” for their blessings. What blessings have you received from the Lord? How often do you thank Him for those blessings?
19-Apr	Ether 6:13 – 7:7	In verse 30, Orihah remembered the Lord. What great things has the Lord done for you? Why do you think it would be important to remember those things?
20-Apr	Ether 7:8 – 8:7	Corihor repented and Shule forgave him even though Corihor had taken their father prisoner. The Lord has commanded us to forgive all people. What lesson do you learn about forgiving others from Shule's example?
21-Apr	Ether 8:8 – 9:13	Notice how the lack of family love caused death and sorrow for these Jaredites. What caused these family members to not love one another? Why do you think it is important that family members love one another?
22-Apr	Ether 9:14-35	To be humble is to be willing to follow God, instead of only doing what you want. It is better to choose to be humble than to be forced to be humble. Why were the Jaredites humble at this time? What can you do to be more humble in your life?

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23-Apr	Ether 10:1-28	These people prospered and were very happy because they worked hard and “did that which was good in the sight of the Lord.” How has working hard and staying close to the Lord brought blessings into your family’s life? Why is it important to always follow the Lord?
WEEK 36		
24-Apr	Ether 10:29 – 11:23	When prophets ask us to repent, they are asking us to return to the ways of the Lord so that we can be happy. What have you heard our prophet teach that you think is “great and marvelous?” What blessings have you received when you have followed the prophet’s counsel?
25-Apr	Ether 12:1-22	Some people say, “I’ll believe it when I see it!” but Moroni taught that the witness or testimony comes “after the trial of [our] faith,” or after our faith is tested. Why do you think God wants us to believe before blessing us? Have you ever had a “witness” or answer, to prayer after a trial of your faith?
26-Apr	Ether 12:23-41	Moroni worried that his lack of writing skills would make others mock at the Lord’s sacred message. Has the Book of Mormon been inspiring to you? What can the Lord do with your weaknesses if you are humble and have faith in Him? Why would you like to overcome your weaknesses?
27-Apr	Ether 13:1-26	None of these people chose to repent. Why do you think it would be difficult to live among a people who refused to repent? Why is it important to repent of our sins?
28-Apr	Ether 13:27 – 14: 20	You can see how Ether’s prophecies began to be fulfilled by reading about the ward and suffering in verses 21-31. What can you learn from this about the importance of following a prophet? How do you think this story would have been different if the people had repented as Ether asked them to?
29-Apr	Ether 14:21 – 15:14	The loss of lives was so great that the people returned to their camp. Why do you think the people wouldn’t simply repent and stop fighting? Why do people keep doing wrong even when it makes them unhappy?
30-Apr	Ether 15:15-34	What happened to the Jaredites because of their anger? What happens to you when you get angry? What should you do when you get angry?
WEEK 37		
1-May	Moroni 1:1 – 6:9	Why would Moroni write a “few more things” that “may be of worth” to the descendants of those who had killed his family? What does this tell you about Moroni? In what ways do you think his testimony of Jesus Christ influenced his love for the Lamanites?
2-May	Moroni 7:1-20	Mormon compares people who serve for wrong reasons to a bitter or dirty fountain of water. Would you want to drink from a dirty fountain? What can you do to make sure you serve the way Jesus would want you to?
3-May	Moroni 7:21-48	What does verse 48 say we need to do to be filled with the love of Heavenly Father? How sincere are your prayers? What do you pray for?
4-May	Moroni 8: 1 - 24	What do you think it means that little children are “alive in Christ?” What do we need to do to become alive in Christ?
5-May	Moroni 8:25 – 9:21	What evidence do you see in the world today that some people are without civilization, are without principle, and are past feeling?
6-May	Moroni 9:22 – 10:19	Moroni 10:4-5 is known as Moroni’s Promise. Millions of people have had their prayers answered concerning the Book of Mormon. Have you prayed to know if the Book of Mormon is true?
7-May	Moroni 10:20-34	The Book of Mormon can help us “Come unto Christ” and be perfected in Him. President Ezra Taft Benson taught the Saints, “There is power in the book which will begin to flow into your lives the moment you begin a serious study of the book. You will find greater power to resist temptation. You will find the power to avoid deception. You will find the power to stay on the straight and narrow path.” How has this reading been different? Record your testimony of the Book of Mormon and your experience this time around.