



Items Each Ward Should Provide for Moroni's Quest

Tents:

- Tents will be provided by the stake for youth and youth leaders - there will be one large tent for each gender in distinct camping areas
- Tribe leaders, bishoprics and any stake leaders will need to provide their own tents

Suggested items for your ward camp area:

- Lanterns/light of some kind
- Table(s)
- One five-gallon jug of water (for brushing teeth or washing hands, etc.)
- Soap/hand sanitizer
- Additional snacks for youth
- Optional activities for free time/ward time

Medical:

Each ward is responsible to provide two first aid kits – one for the young men camp and one for the young women camp. The following items are suggested. Please bring any additional as you see fit. Most wards likely have these supplies in their current scouting first aid kits. Please verify that the supplies have not expired.

- Various adhesive bandages of different sizes
- Antibiotic ointment for small cuts
- Hydrocortisone ointment
- Benadryl ointment
- Isopropyl (rubbing) alcohol to cleanse small wounds
- Sunburn ointment to treat sunburns (such as aloe gel)
- Ibuprofen
- Tylenol
- Forceps (tweezers) to remove slivers or thorns
- Moleskin or similar to treat blisters
- Feminine hygiene supplies
- Sunscreen
- Hand sanitizing gel
- Disposable medical gloves
- Ace bandages
- Sterile gauze rolls and pads
- Antacids
- Anti-diarrheal medication
- Over-the-counter cold and allergy medications
- Blunt tip scissors
- Cloth tape for securing bandages
- Chapstick or similar
- Lubricating eye drops

It will also be the responsibility of each ward to administer any prescription medications. Ward leadership may want to require parental attendance for some medications and medical conditions.